Links to Important Resources for Nontraditional Students

**Academic advising:**
Advising office for the college in which you are currently enrolled. For a comprehensive list, click [here](#).

**Academic skills (studying effectively, taking exams, time management, exam anxiety, etc.):**
- [www.counseling.umd.edu/las/](http://www.counseling.umd.edu/las/)

**Accessibility and Disability Service:**
- [www.counseling.umd.edu/dss/](http://www.counseling.umd.edu/dss/)

**Adjusting to college:**
- [www.counseling.umd.edu/](http://www.counseling.umd.edu/)

**Athletic events/tickets**

**Career indecision:**
- [www.careercenter.umd.edu/](http://www.careercenter.umd.edu/)
- [www.counseling.umd.edu/](http://www.counseling.umd.edu/)

**Community service:**
- [thestamp.umd.edu/leadership_community_service-learning](http://thestamp.umd.edu/leadership_community_service-learning)

**Computers/Information Technology:**
- [www.oit.umd.edu](http://www.oit.umd.edu)

**Depression:**
- [www.counseling.umd.edu/](http://www.counseling.umd.edu/)

**Eating disorder:**
- [www.health.umd.edu/](http://www.health.umd.edu/)
- [www.counseling.umd.edu/](http://www.counseling.umd.edu/)

**Employment options (on-campus and off-campus):**
- [www.careers.umd.edu/](http://www.careers.umd.edu/)

**Financial aid:**
- [www.financialaid.umd.edu](http://www.financialaid.umd.edu)

**Fraternity and Sorority Life**
- [www.greek.umd.edu](http://www.greek.umd.edu)

**Health concerns:**
- [www.health.umd.edu](http://www.health.umd.edu)

**Honors program:**
- [www.honors.umd.edu](http://www.honors.umd.edu)

**International student services:**
- [www.globalmaryland.umd.edu/offices/international-students-scholar-services](http://www.globalmaryland.umd.edu/offices/international-students-scholar-services)

**Internships:**
- [www.careers.umd.edu/](http://www.careers.umd.edu/)

**Involvement opportunities:**
- [www.thestamp.umd.edu/](http://www.thestamp.umd.edu/)
- [www.orgsync.umd.edu](http://www.orgsync.umd.edu)
- [http://thestamp.umd.edu/leadership_community_service-learning](http://thestamp.umd.edu/leadership_community_service-learning)

**Legal advice:**
- [www.umddepartments.orgsync.com/org/studentlegalaid](http://www.umddepartments.orgsync.com/org/studentlegalaid)

**Lesbian, Gay, Bisexual, and Transgender Equity**
- [www.umd.edu/lgbt/](http://www.umd.edu/lgbt/)

**Meal Plan:**
- [www.dining.umd.edu](http://www.dining.umd.edu)

**Multicultural Students:**
- [www.omse.umd.edu](http://www.omse.umd.edu)
- [www.mica.umd.edu](http://www.mica.umd.edu)
- [www.nyumburu.umd.edu](http://www.nyumburu.umd.edu)

**Off-campus housing:**
- [www.och.umd.edu](http://www.och.umd.edu)

**Parent and Family Affairs:**
- [http://terpfamily.umd.edu/](http://terpfamily.umd.edu/)

**Parking information:**
- [www.transportation.umd.edu/](http://www.transportation.umd.edu/)

**Performances:**
- [theclarice.umd.edu/](http://theclarice.umd.edu/)

**Recreational opportunities:**
- [www.recwell.umd.edu](http://www.recwell.umd.edu)

**Registrar’s Office:**
- [www.registrar.umd.edu](http://www.registrar.umd.edu)

**Religious/spiritual advice:**
- [www.thestamp.umd.edu/memorial_chapel/chaplains](http://www.thestamp.umd.edu/memorial_chapel/chaplains)

**Research opportunities:**
- [www.ugresearch.umd.edu](http://www.ugresearch.umd.edu)

**Residential Life:**
- [www.residentlife.umd.edu](http://www.residentlife.umd.edu)

**Safety and security:**
- [www.umpd.umd.edu](http://www.umpd.umd.edu)

**Scholarships:**
- [www.financialaid.umd.edu/scholarships/](http://www.financialaid.umd.edu/scholarships/)

**Sexual misconduct:**
- [www.umd.edu/ocrsm/](http://www.umd.edu/ocrsm/)

**Smoking cessation:**
- [www.health.umd.edu](http://www.health.umd.edu)

**Stress management:**
- [www.counseling.umd.edu](http://www.counseling.umd.edu)
- [www.health.umd.edu](http://www.health.umd.edu)
- [www.recwell.umd.edu](http://www.recwell.umd.edu)

**Student conduct:**
- [osc.umd.edu/](http://osc.umd.edu/)

**Study abroad programs:**
- [www.globalmaryland.umd.edu/offices/education-abroad](http://www.globalmaryland.umd.edu/offices/education-abroad)

**Substance abuse:**
- [www.health.umd.edu](http://www.health.umd.edu)

**Transfer and Off Campus Student Life**
- [thestamp.umd.edu/transfer_and_off-campus_student_life](http://thestamp.umd.edu/transfer_and_off-campus_student_life)

**Transportation information:**
- [www.transportation.umd.edu](http://www.transportation.umd.edu)

**Tutoring:**
- [www.tutoring.umd.edu](http://www.tutoring.umd.edu)

**University Book Center:**

**Writing skills:**
- [www.english.umd.edu/academics/writingcenter](http://www.english.umd.edu/academics/writingcenter)